



Can You Hear Me?

Hope after loss

Discussion and Reflection Guide

This belongs to:

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www.yychani.com

Date: _____

Can You Hear Me?

Is there a loved one who is going through a difficult time? Describe them and share how you feel below. Draw a picture of your loved one and what they like doing.



Date: _____

Can You Hear Me?

Renee wondered if God was punishing her for her bad behavior and forgetting to pray. Have you ever felt like this? What happened? Is there something you regret or want pray to God about? Draw a picture below.



Date: _____

Can You Hear Me?

Renee's daddy wanted her to write him another story as a Christmas present. What would you like to give your loved one as a Christmas present? Is there something special you would like them to remember you by? Discuss with them and write it down. Draw a picture below.



Date: _____

Can You Hear Me?

Renee's daddy gave *A Little Princess* (by Frances Hodgson Burnett) to her as a Christmas present. Why did he choose this book? How is this book significant to the rest of the story?

If you've read this book, share how you feel about Sara Crewe's struggles. How are they similar or different from Renee's, or your own?



Date: _____

Can You Hear Me?

What lessons did you learn about suffering and hardship, and how we can cope and persevere from Sara's story?

Is there a story or book that you felt a special connection with that has helped you to see things from a new perspective?



Date: _____

Can You Hear Me?

Renee wondered if God could hear her prayers. Does God always answer your prayers? If He doesn't, does it mean He isn't listening? Why do you think God didn't make her daddy better after all her prayers? How did it make you feel?



Date: _____

Can You Hear Me?

Share about something you have prayed and asked God for. What was His answer? Was it what you expected? Does God answer all our prayers the way we want? What would happen if He does?



Date: _____

Can You Hear Me?

How did things change after Renee started talking to Ms. Young and Lisa? Why is it important to talk to others about what you are going through?

Is there someone you trust that you could share your struggles with? Write down their names and what you would like to tell them.



Date: _____

Can You Hear Me?

After you have had the chance to talk to them, share about the experience. How did it go? What did they say? How do you feel now?



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Can You Hear Me?

Ms. Young told Renee that "good things can come from bad things." Do you remember any good things that came from a bad situation in your past experience? What were they?



Date: _____

Can You Hear Me?

Renee started listing things that she was thankful for in her diary. What are some things you are thankful for recently? List three to five things. You can try to do this every day or once a week and start a gratitude journal.

1.

2.

3.

4.

5.

Date: _____

Can You Hear Me?

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Can You Hear Me?

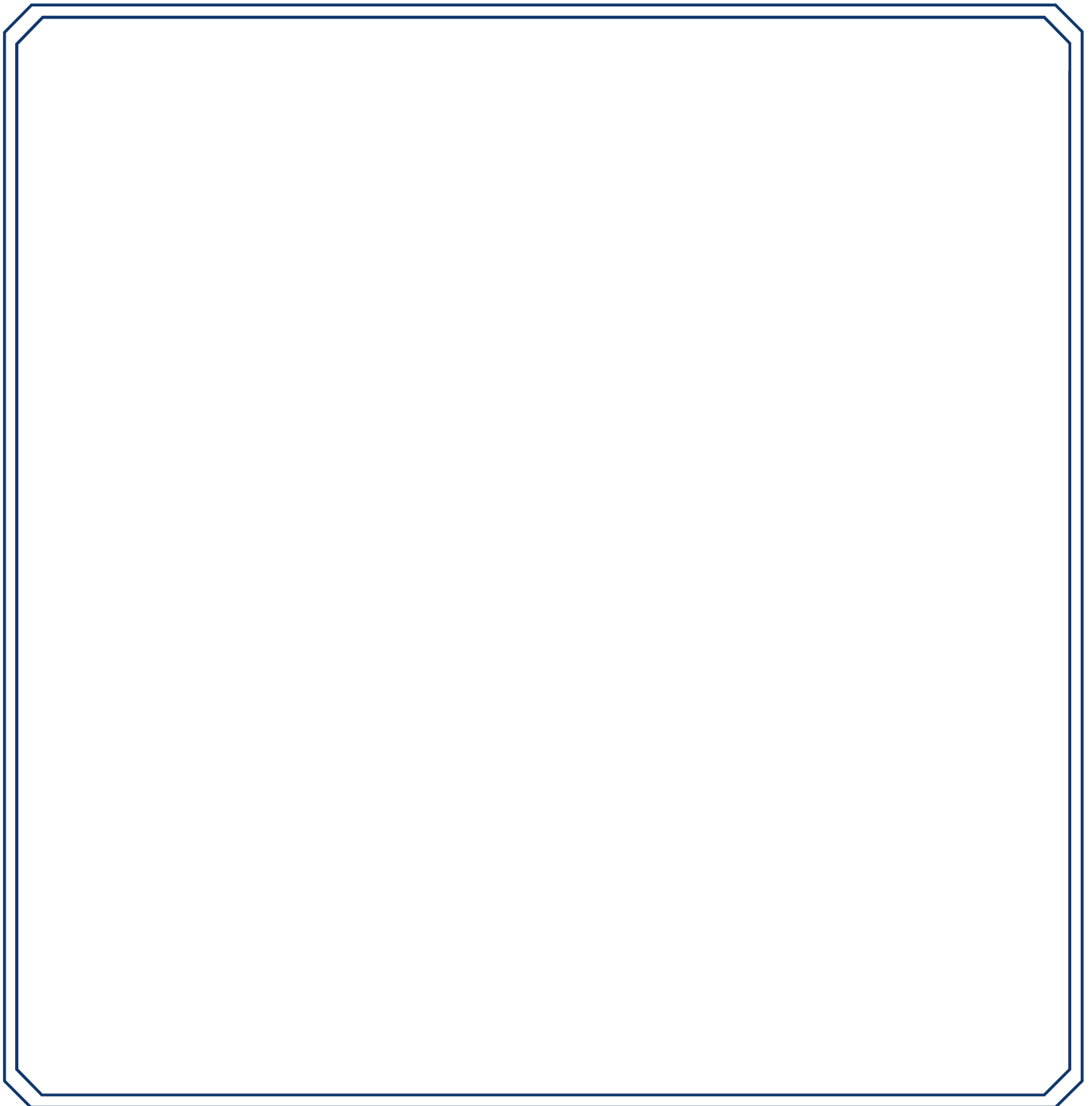
How did faith help Renee cope with the loss of her dad?
Why is faith important? Do you believe in God and Heaven?
Do you believe that we will be reunited with our loved ones
one day? What is something that you have faith in?



Date: _____

Can You Hear Me?

Renee likes to write stories about doing exciting things with her daddy and it makes him feel like they can do anything. Imagine a story about what you would like to do with your loved one – if you could do anything. Draw a picture below and write your story on the next page.



Date: _____

Can You Hear Me?

Title: _____



Date: _____

Can You Hear Me?



Date: _____

Can You Hear Me?

Write a letter to your loved one about all the things on your heart and what you want them to know. Read it aloud to them.

Dear _____



Date: _____

Can You Hear Me?



Can You Hear Me?

Death, loss and grief are topics we often avoid discussing with our children. However, these events can occur at any time in our lives, without warning. Avoiding these topics will only make it more difficult to cope with the sorrow and grief when it does happen.

'Can You Hear Me?' along with this guide aim to help families and communities start those difficult conversations and to approach the topic in a sensitive manner, focusing on hope, faith, love and compassion, and eliminating the fear associated with it.

For more details, visit <https://bit.ly/yychan-cyhm>

A picture book titled 'Can You Hear Me, Daddy?' is also available, suitable for younger children.

Visit <https://bit.ly/yychan-cyhmd> to find out more.

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